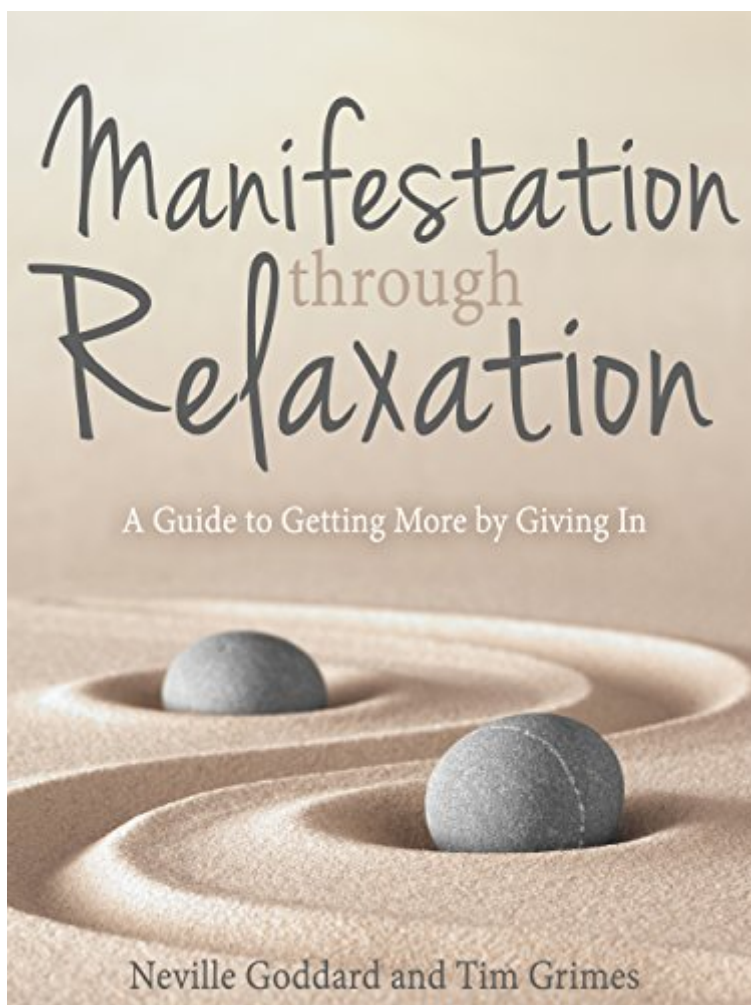


The book was found

Manifestation Through Relaxation: A Guide To Getting More By Giving In



Synopsis

"Neville may be the positive-thinking movement's most radical and subtly influential voice."- Mitch Horowitz, bestselling author of "One Simple Idea"Your Guide to Getting More by Giving In...This book is going to show you how to achieve much more of what you desire in life by trying less. Most of us don't think personal, financial and spiritual success starts with relaxation. But we're wrong. You're about to find out that increased relaxation doesn't just lead to better mental and physical health, but other tangible forms of prosperity. Feeling stressed out and stuck in the same aggravating rut over and over again? Then this powerfully unconventional advice is for you. Inside you'll discover how to: *Work less to achieve more *Streamline the manifestation of your desires *Take advantage of simple activities to easily and consistently reduce your stress *Raise your level of relaxation to facilitate receiving what you want *Attain a peaceful work-life balance *Utilize stress reduction tools to reach specific goals quickly and with far less effortDon't delay finding out about this unique, life-changing information. Scroll up to buy your copy today!

Book Information

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Customer Reviews

I was initially put off from reading this book as I have extensively read Neville and wondered whether the author was just piggy backing his work. However I have found this to be an excellent way of deepening my understanding of Neville and of my own consciousness. It is very well written with useful analogies and I would highly recommend purchasing along with as many Neville readers as you can get your hands on.

It is not long but is packed with beautiful truths you can use to improve your life. You must have an opened mind to understand these powerful ideas but when you do, you will very surprised and happy. And peaceful.

This is a very good book. It's a quick read and it helped me understand some of the things I have been reading in A Course In Miracles. I am waking up!

I love Neville's work and this is a very good book to read and re-read time and time again.

Excellent book. Must read for anyone who wants more peace in life.

Great book!! Well written. Tim's writing is easy to relate to.

While admittedly I've historically had no particular affinity for the Bible, the manner in which this book interprets certain aspects of it was very interesting to me. What if the stories within it aren't necessarily supposed to be taken literally? What if, instead, there are deeper life lessons and metaphysical instructions embedded within the work? Teachings that are intended to inspire people to understand that as "children of God" they have the gift within their own consciousness to manifest the type of life they truly want to experience. With the self-help industry typically focused on the use of various tools to aid one's manifestation efforts, according to this book all that "effort" really isn't necessary. Instead, the greatest benefits will come from relaxing into the process as opposed to manually trying to "make something happen." Conceptually, this makes great sense to me based my own life experience, as essentially every time I've tried to make something happen nothing did; on the contrary, in several instances when I just relaxed and trusted that things would work out, inevitably they did. For this reason this work resonated with me and as such I feel that it has solid merit as a spiritual growth resource.

Learned a lot.

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